



FITNESS ATTENDANT

Casual

Join our Team!

Nestled on the eastern shores of spectacular Vancouver Island the Town of Ladysmith has a population of approximately 9,000 people, provides an inviting small town atmosphere and yet, is only a short commute to all the amenities of a major urban centre. Residents enjoy excellent community and recreational facilities and year round opportunities for outdoor enthusiasts.

Posting Date

January 1, 2025

Application Deadline

Open until filled

Application Information

Visit ladysmith.ca/careers to view the job description for a full list of qualifications and to find out the status of this posting and other employment opportunities with the Town of Ladysmith.

Are you interested in joining our team? If your background mirrors our requirements, we'd love to hear from you.

Please submit a cover letter and resume in confidence to careers@ladysmith.ca
Competition #2025-01

Position Overview

Under the direction of the Programmer – Health and Wellness, the incumbent is responsible for ensuring the safety of patrons in and around the fitness centre, providing initial health screening and participating in the design, modification and instruction of safe, effective exercise programs and fitness classes.

Qualifications

- Minimum grade 12 education or equivalent (GED).
- Valid Standard 1st Aid and CPR, level C certification.
- Satisfactory Police Information Check with Vulnerable Sector Check.
- BCRPA Fitness Leader Registration.
- BCRPA approved Weight Training and Broup Fitness Module.
- Possession of a valid B.C. driver's Licence (class 5).
- BCRPA Fitness Leader Aqua Fitness is an asset.
- Any one of (or working toward) the following BCRPA Fitness Leader Certificates: Older Adult; Osteofit; Personal Training; Yoga Fitness; Pilates Fitness
- Demonstrated knowledge of safe work procedures, practices and obligations.
- Demonstrated ability to communicate effectively in a wide variety of situations applying diplomacy and interpersonal skill to establish and maintain productive relationships.
- Demonstrated high level of focus on internal and external client service continuously seeking ways to meet and exceed expectations.
- Demonstrated ability to react to any emergency situation in a competent manner with excellent decision making abilities.

Additional Information

- Employees currently receive Wellness Initiatives, including use of facilities at Frank Jameson Community Center
- Hours of work: Casual - No guarantee of hours
- Wage rate: \$31.71/hour plus 10.8% in lieu of annual vacations, statutory holidays and benefits
- Employee Group: CUPE 401
- Parks, Recreation and Culture is a seven-day per week operation and require employees to be available for work weekdays, evenings and weekends
- Benefits: As per the Collective Agreement